



Proclamation

OLDER AMERICANS MONTH

MAY 2026

WHEREAS, May is Older Americans Month, a time for us to recognize and honor Westminster older adults and their immense influence on every facet of American society; and

WHEREAS, through their wealth of life experience and wisdom, older adults guide our younger generations and carry forward abundant cultural and historical knowledge; and

WHEREAS, older Americans improve our communities through intergenerational relationships, community service, civic engagement, and many other activities; and

WHEREAS, communities benefit when people of all ages, abilities, and backgrounds have the opportunity to participate and live independently; and

WHEREAS, this year's theme, "Champion Your Health," focuses on promoting, prevention, wellness, and personal responsibility in aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions of aging; and

WHEREAS, the City of Westminster must ensure that older Americans have the resources and support needed to stay involved in their communities — reflecting our commitment to inclusivity and connectedness.

NOW, THEREFORE I, Chi Charlie Nguyen, Mayor of the City of Westminster, on behalf of Vice Mayor Mark Nguyen, and Council Members Amy Phan West, Carlos Manzo, and NamQuan Nguyen do hereby proclaim May 2026 as **OLDER AMERICANS MONTH** and encourage all residents to join us in recognizing the contributions of our older citizens and promoting programs and activities that foster connection, inclusion, and support for older adults.

Signed and Dated this 13th day of May 2026 by the City Council.

Chi Charlie Nguyen, Mayor

Mark Nguyen, Vice Mayor, District 3

Amy Phan West, Council Member, District 1

Carlos Manzo, Council Member, District 2

NamQuan Nguyen, Council Member, District 4